



BLUE STAR BRIGHTON

Experience Your Infinite Self *with* SRI VASUDEVA

A One-day Retreat at Field Place Manor House,
The Boulevard, Worthing, BN13 1NP

Tuesday 4th July 2017 09:30am – 4:30pm

REGISTRATION FORM

NAME: *(please print clearly)*

ADDRESS: *(optional)*

.....

TEL. NO:

E-MAIL:

Retreat costs: £45.00 *(To include beverages and afternoon tea and cake)*

Lunch NOT included - Please bring your own picnic lunch

Full payment to the account below is required to confirm your registration.

Please note that the registration fee is non-refundable and that conference places are limited and offered on a first come – first serve basis.

ACCOUNT NAME: BLUE STAR BRIGHTON

BANK NAME: CO-OPERATIVE BANK

SORT CODE: 08 - 92- 99

A/C NO: 65072714

Alternatively, you can send cheques payable to **Blue Star Brighton** and mail to:

Susan Merriott, 58 Dominion Road, Worthing, West Sussex BN14 8JT

For Health & Safety/First Aid purposes, are there any health details you think we should know about – allergies etc.:

.....

Emergency contact:

Name:

Telephone:

"I agree to abide by the rules, procedures & timings of the retreat as established by Sri Vasudeva the Blue Star organiser and Field Place, Worthing"

SIGNED: **DATE:**

For any further information please contact:

Rose (Sumitra): rosewade7@hotmail.com **Mobile:** 07745 834 112 **or Sue:** soozieg100@googlemail.com

BLUE STAR BRIGHTON

INFORMATION SHEET

Blue Star

Blue Star is a non-profit, non-sectarian organisation founded in 1988 by Sri Vasudeva. It is dedicated to the development of human potential at all levels - physical, mental, emotional, intellectual, social and spiritual. Programmes are focused on self-realisation, optimal well-being, community service and cocreating a more compassionate/peaceful world.

Sri Vasudeva - Spiritual Teacher for this time

Sri Vasudeva is a respected and international spiritual teacher who brings together Eastern and Western knowledge in a unique way to foster the evolutionary potential of his students and to co-create conditions for more harmonious, inter-connected and peaceful world communities. To further his vision he founded Blue Star in 1988 and now travels extensively to Blue Star centres internationally. His books, (You are the Light, Seek God Within, Self as Leader and Reflections on the Inner Light) together with his regular streamed programmes, talks, international retreats and personal meetings are a constant source of inspiration and guidance.

At the age of 21 years Sri Vasudeva left his home in Trinidad for India on a quest of Self-discovery. While there he had a series of deep spiritual and Kundalini awakenings which over three years brought about a profound inner change at the age of 24 years in 1978. This radically transformative experience brought him back into the academic and professional worlds as a teacher, mechanical engineer and manager, but with a difference. His goals were now to serve with love and not for self-gain and to work towards awakening consciousness and energy at both individual and societal levels.

In 1988 Sri Vasudeva, after many years in education and industry, founded Blue Star, a non-profit and non-sectarian organization dedicated to holistic human development and community service. In 1993 he committed himself full-time to his vision. Shortly afterwards, he began to travel internationally and his original centre/ashram at Claxton Bay (Trinidad) began to draw students from all over the world. To cater for the increasing numbers a new larger centre is being developed at Brasso in the forests of the Central Hills. It is expected that this centre will be functioning in two to three years from now.

The Retreat

At this retreat, Sri Vasudeva, through his inspirational and devotional talks creates the atmosphere for participants to experience a journey into their own inner Truth through co-creative principles. Through this process he is able to guide participants in searching for and discovering The Self as a Leader. This process demonstrates how inner transformation generates compassion and social relationships at all levels.

It is advisable to wear loose, comfortable clothing. Layers are useful for the British climate. Bring your own rug, meditation stools or cushions as required.

There will be regular seats available. It is recommended that participants do not take caffeine drinks or alcohol during the retreat.

Venue

Field Place is a fine example of an 18th century country house and has a great atmosphere of tranquillity created by generations of well known Worthing families.

It has original features such as Jacobean oak-panelling, carved fireplaces and an original flint barn from 1733. The barns have since been renovated and were reopened in 1988 for wedding receptions, seminars, dances and plays.

The buildings stand in eight acres of award-winning Green Flag grounds.

Directions

Field Place is just off the Strand Parade roundabout in West Worthing. You can reach Strand Parade by following the A259/A2031 from Littlehampton and turning right at the Centenary House roundabout, or left if coming from East Worthing/Broadwater on the A2031. Continue over the first roundabout and at the second roundabout take the left exit for Field Place/ For all other directions you can follow the A259 east/west to the traffic lights with Shaftesbury Avenue, crossing the railway over the bridge and turning right at the Strand Parade roundabout. Alternatively, Durrington-on-Sea railway station is a 5-minute walk away.

There is free on-site parking.